

# Sabiylar Program (4-7 years)

Growing roots. Finding wings

Program is designed as a tender, joyful introduction to the Tatar language, culture, and community – in a space where children feel safe, seen, and deeply cared for.

## Morning

**7:00–7:10** Waking up

**8:00–8:30** Morning work out with apalar and abiyar

**9:00–10:00** Breakfast

## Exploration & play

**9:30–10:00** Outdoor playground/ sport activities

**10:00–11:00** Lessons/ art

**11:00–12:00** Pool time/ table games

**13:00–13:30** Lunch

**13:30–14:00** Free activity & quiet hour

**14:00–15:00** Master classes: singing, dancing, cooking

**15:00–15:45** Master classes: singing, dancing, cooking

## Evenings

**16:00–18:00** Group time (Törkem vakyty)

**18:00–18:30** Dinner

**18:30–19:00** Sabiylar: stage moments

**19:00–20:00** Story time & candle time\*

Stage moments are **magical**

This is when children shine, express themselves, and feel proud. first steps in confidence and public speaking

*\*A magical bedtime ritual with a Tatar fairy tale, gentle logorhythmic and folkloric rhymes, softly accompanied by a loving massage from mom or dad. Whispered words, warm touch, and our beloved Tatar “Ellie-belli-bäü” lullaby help children relax, feel safe, and fall asleep wrapped in language, love, and connection.*

## PS: This is not a daycare.

An educational environment designed for joint participation of the child and parent, supporting early language development through shared routines and interaction.